The HUD

HM 9000

**Outer Circle** - Displays your Health, Stamina, and Stress

**Radar** - Shows friendlies as blue and enemies as red

**Skin** - When this flashes, you need to do a pressure relief

**Skin** - Perform a pressure relief by tapping and holding on your character for 2-3 seconds

**Health** - Improve health by eating food. Remember to watch your diet, though!

**Stamina** - Regain your stamina by resting. Moving around and completing physical therapy increases your stamina.

**Stress** - Relieve stress by using the Soothing Melodies app on your POS. You can also use the Chillax 3000 if you dare! If the stress is caused by a bowel or bladder accident, you will need to cleanup in the bathroom to recover.

**Pos** - Tap to access your apps, to save the game, and to send data back

ASSISTANT CONTROLS

**Lock Camera** - When active, the camera stays centered on you

**Go To** - To direct your assistant to go to a location

**Use** - Have your assistant use or pick up an item for you

**Convey** - The assistant pushes your wheelchair

**The Characters**

- **Dr. Allei** - Physician. She helps to guide you on your way

- **Grandpa** - Excels at sitting on the couch

- **Petey** - Physical therapist. He pushes you to be all that you can be. BooDA!

- **Helga** - Enjoys sailing the open seas

- **Hans** - Loves bodybuilding and his kitten

- **Dr. Schrync** - Psychologist, hospital owner, and creator of the Chillax 3000

- **Raz** - Resident mechanic shopkeeper. See him for some cool upgrades

- **Oti** - Occupational therapist. He helps you get organized and back on track

- **Taffy** - Likes to sing for large crowds

- **Lynn** - Enjoys riding her bike in the country
The POS

Tap the POS to access all of your apps

Health Metrics
Keeps track of your health and shows when you will need to manage your skin, bowel, and bladder

Move-O-Matic
Rearrange your furniture and belongings

Soothing Melodies
relieves stress

Inventory
Items that you pick up will be stored here

Travel
provides a map and access to the different places you can go

Wardrobe
Customize your character

Mail
Important information will be sent through this

Psychic
Get hints and tips for what to do next

Settings
Save progress, send your data, and exit to the main menu

To Do
Shows what task to complete next as well as completed tasks
Credits

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